FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5	
obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>VIRGINIA RETIREMENT SYSTEMS ET</u> <u>AL</u>						2. Issuer Name and Ticker or Trading Symbol <u>BlackRock Kelso Capital CORP</u> [bkcc]									all app Dired	olicable) ctor er (give title		Owner (specify	
(Last) P.O. BO	st) (First) (Middle) . BOX 2500					3. Date of Earliest Transaction (Month/Day/Year) 08/08/2013									below) A below) < than 10% owner file 90 days				
(Street) RICHMOND VA 23218					4. If	Amen	dment,	Date of	of Origin	al File	d (Month/Da	ay/Year)		6. Indiv Line) X	Forn	n filed by One n filed by Moi	o Filing (Check A e Reporting Pers re than One Rep	son	
(City)	(5		Zip) ===== e I - N (on-Deriva	ative	Sec	uritie	s Ac	guired	d, Dis	sposed o	f, or B	enefic	ially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					ion	on 2A. Deemed Execution Date,			3. Transa Code (1 8)	ction	4. Securities Acquired (A) or			r 5. Am secur Benet Owne		ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock Value \$0.001 08/08/20)13			S		20,768	D	\$10.	\$10.2312		754,180	D		
		Та	ble II -								osed of, convertib				vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	on Date,	4. Transa Code (I 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			vative Irity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

Curtis M. Mattson

08/08/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.